

From Managing Director's desk...



Dear students, parents and friends,

Welcome to Blessino Nursing School Aizawl, run and owned by Blessino Welfare Society.

This prospectus will give you a brief account of Blessino Nursing School activities, its achievements over the years and glimpses into the plans and programmes for the academic year.

Blessino Welfare Society is driven towards promoting nursing education through the establishment of Nursing Institution. It is a dream and a privilege to bear witness of the development and progress made in Blessino Nursing School since its humble beginning. Indeed, we have trod an arduous path of struggle, toils and tears along the way, yet we remain ever hopeful and persistent in setting standards for nursing profession and towards the fulfilment of our vision. We shall continue to strive for all round development to build up future nurses who will soon become the backbone of health care system in the country. Our heartiest gratitude goes out to all who have helped in turning this dream into reality. All praises and honor to God Almighty who answers our prayers at the right time.

Our staff is our pride, well- experienced and committed. They set high benchmark for the students, always inspiring to strive for excellence. I appreciate their sincerity, thoughtfulness and dedication.

Blessino Nursing School aims to train youths of Mizoram to have competent nursing skills and education to fend for themselves, be self-reliant and contribute to the welfare of the society.

I look forward to having your daughter/son under the trustful stewardship of our staff and faculty.

May God bless you abundantly!

A handwritten signature in black ink, appearing to be 'C. Vanneihthanga'.

(Dr. C. VANNEIHTHANGA)
Managing Director
Blessino Nursing School

Principal's Message



It is my immense pleasure to witness Blessino Nursing School(BNS) progressing towards the path of success and releasing its prospectus for the third year:

Although BNS has a humble beginning, its aim and objectives will be fulfilled with the integrated efforts of all the staffs, students, parents and support from our State leaders.

The school was established in the year 2019 and granted recognition by the State Nursing Council on October 6th 2019 and by Indian Nursing Council (INC) on 19th December 2023. The annual intake is 30 students per year. We are striving towards our goal in spite of many difficulties. The school is motivated to produce competent nurses in order to meet increasing demands of health workforce.


It is our dream and vision that many competent nurses will pass out from this institution with flying colors so that they would contribute their skills, knowledge and service in the society wherever they may go. I sincerely believe that our dreams will turn into reality by God's grace.

I kindly request all our colleagues and friends to pray for us so that we can build a sustainable career in nursing for our students and a better nation through this institution.

Since Blessino Nursing School is still at the stage of inception, there are areas where we lack in terms of infrastructure and manpower. However, we are continually making progress everyday in order to build a firm foundation and a pillar of stronghold for improved nursing education and administration. I, therefore request all our well-wishers to remember us in your fervent prayers.

Hoping for the best,

Thanking you.


(C.LALSAWMLIANI)
Principal
Blessino Nursing School

INTRODUCTION:

Blessino Nursing School is established in the year 2019 by Blessino Welfare Society under the chairmanship of Dr. C.Vanneihthanga with the main objectives of bringing the youth together, to educate and produce the best in nursing field. It also aims to meet the health needs of the society. Only GNM course is offered for now and it is yet to be upgraded.

MOTTO:

Perseverance conquers all.

PHILOSOPHY:

Nursing is an art and embodiment of caring to meet the great challenges of service in the field of nursing.

Professional nursing is a lifelong service given to the people and nursing must advance and develop along with other health professions to ensure the health care of the society and balance the health care programs.

Nursing is a profession based upon the blending of arts and sciences and is dedicated to the wellbeing of the society through the promotion of health, prevention of diseases, care and rehabilitation of the sick and injured regardless of caste, creed or race. Nurses are also responsible to varied levels of health in a variety of settings, and are concerned with illness prevention, health promotion and health maintenance. Nurses actively collaborate with other healthcare professionals to promote safe holistic care of their clients. They provide care to individuals, families, groups and communities. Nursing requires commitment and responsibility to society and to the profession.

The nursing faculties are responsible as role models, mentors and teachers for providing a caring environment in which students are free to explore and develop personally, professionally and intellectually.

Learning is a life-long, interactive process that builds on previous experience and ideally results in change in attitudes, beliefs and/or behaviors. It also believes in providing an opportunity to every student for the total development of his/her ability as a good professional as well as good citizen who will be an asset to the service we believe in a democratic philosophy of

nursing education which recognizes the importance of each learner as an individual while seeking the common good. The learning experiences are selected and implemented to stimulate creative thinking and problem solving ability.

AIMS & OBJECTIVES:

1. To prepare competent student nurses to meet the dynamic needs of the expanding health care services.
2. To foster an attitude of self-directed learning and sound personal characters which contribute to professional and personal growth.
3. To critically assess the professional activity related to patient care in the health care system.

VISION STATEMENT:The vision of Blessino Nursing School is to provide career opportunities for Mizo youths so that he/she will complete this course and become efficient and productive, well equipped with skills and knowledge that will render self-independence, reliability and hold a pivotal role for their family, community and the nation.

MISSION STATEMENT:The mission of Blessino Nursing School is to prepare caring, competent nursing professionals to improve the health of all people and address the evolving health care needs in the society.



**Blessino Nursing School cultural club with Dr. Prasant Narnaware, IAS, 2009 Batch.
Commissioner, Women and Child Development, Maharashtra**

MILESTONES:

20th June 2019- NOC was obtained from Government of Mizoram for establishment of new GNM School.

July 2019- Aizawl Hospital and Research Centre, Khatla and Greenwood Hospital, Bawngkawn affiliation obtained.

6th October 2019- Recognition and permission was obtained from State Nursing Council after spot verification and inspection.

18th February 2020- 1st capping and lamp lighting ceremony graced by Chief Guest Hon'ble Health Minister Dr. R. Lalthangliana and Guest of Honor Hon'ble Law & **1st February 2021-** New school building and campus construction was started.

2nd March 2021- 2nd Capping and Lamp Lighting Ceremony graced by Chief Guest MP, Mr. Vanlalvena

7th April 2021- Government Hospital affiliations approval obtained viz. Civil Hospital, Aizawl, State Referral Hospital, Falkawn, Kulikawn Hospital and Mizoram State Cancer Institute (MSCI), Zemabawk.

27th April 2022 – 3rd Capping and Lamp Lighting Ceremony graced by Chief Guest DR ZR Thiamsanga, Vice Chairman, Health & Family Welfare Department.

6th February 2023 – 4th Capping and Lamp Lighting Ceremony graced by Chief Guest Mr. T.J Lalnuntluanga, Minister of State, Law & Judicial Department, Transport Department.

6th April 2023 – Purchased of second bus.

24th – 25th November 2023 – 2nd Re-Inspection of Indian Nursing Council (INC)

19th December 2023 – Recognition from Indian Nursing Council (INC)

30th January 2024 – 5th Capping and Lamp Lighting Ceremony & 2nd Graduation graced by Dr. Kenneth Chawngliana, Vice Chairman, MSPB.

“Every nurse was drawn to nursing because of a desire to care, to serve, or to help.”

- Christina Feist



1st CAPPING 2020



2nd CAPPING 2021



3rd CAPPING 2022



4th CAPPING 2023



5th CAPPING 2024



CHIEF GUEST :Dr. Kenneth Chawnglana, Vice Chairman MSPB





1st Graduation 2023



2nd Graduation 2024



APPLICATION PROCEDURE:

30 Candidates are admitted to the course every year.

Eligibility/Admission Criteria:

1. 10+2 with English and must have obtained a minimum of 40% at the qualifying examination and English individually from any recognized board. Candidates are eligible from State Open School recognized by State Government and National Institute of Open School (NIOS) recognized by Central Government. However, Science is preferable.
2. 10+2 with English having 40% of marks in vocational ANM course from the school recognized by Indian Nursing Council.
3. 10+2 with English having 40% of marks in Vocational Stream-Health care Science from a recognized CBSE board/State/Centre
4. Registered ANM
5. Minimum age for admission will be 17 and maximum will be 35 years as on 31st December 2024.
6. Candidates should be medically fit.

Documents to be attached:

1. Xerox Copies of HSLC Mark sheet and certificate.
2. Xerox copies of HSSLC Mark sheet and certificate & Admit Card.
3. Xerox copy of birth certificate.
4. Xerox copy of Aadhar card .
5. Two copies of recent passport size photo.

SELECTION PROCEDURE:

1. The selection of candidates for admission will be made on the basis of entrance test (written / interview).
2. The medium of the test will be English.
3. The entrance test will be based on Higher Secondary standard and total marks will be 200.
4. The subject will include 3 subjects namely English (100 marks), General Knowledge (30 marks) and Simple Arithmetic (20 Marks).
5. The duration of entrance test will be 1.5 (One and half) hours. The remaining 50 marks will be calculated from class X and XII marks.

Admission/Selection Committee

This committee comprised of:

- Principal - Chairman
- Managing Director
- Senior Tutor –2

ACCOMODATION:

Hostel accommodation is compulsory for all candidates.

FEES IN DETAIL:

At the time of admission: Admission fees: 10,000/-

I. Course Fee

- a) 1st Year - Rs.90, 000/- p.a.
- b) 2nd Year - Rs.90, 000/- p.a.
- c) 3rd Year - Rs.90, 000/- p.a.

II. Monthly Fees - Rs 8500 /-

- Accommodation fee
- Mess fee
- Transportation fee

III. Uniforms

Uniforms are to be borne by the candidates at their own costs.

Student's uniform consists of:

1. Clinical:

-For boys: White apron with black smart pants, Lavender colored shirt and intac/bata school shoes and white socks.

-For girls: White apron with lavender colored tops, skirt (knee length) and white socks.

2. School:

-For boys: School T-shirt with black smart pants and intac/bata school shoes with black socks.

-For girls: School T-shirt with black smart pants and intac/bata school shoes with black socks.

Note:

- No tight fitting designs are accepted for school uniform.
- No fancy hairstyle is permitted in school both for boys and girls.
- Coloring and bleaching of hair is strictly prohibited.
- Nails should be kept trim and short without nail polish.
- Using makeup items lipstick, eyeliner, eye shadow, mascara is prohibited.
- Tattoos, body markings, skin piercings, artificial moles and skin decorations are strictly prohibited.
- No jewellery are allowed.

IV. Books

Books are to be borne by the candidates at their own costs.

V. Registration charges (TNAI, SNA, MNC), Affidavit for Anti-Ragging (both students & parents), Educational visits, Terminal Examination fees and Mizoram Council Examination fees.

It should be borne by the students at the time of requisite time every year.

Note:

1. Course fee and monthly fee may be revised as per inflation of price from time to time.
2. Monthly fee must be paid on or before 10th of every month, failing of which fine of Rs.100/- per month will be charged as late fee.

DETAILS OF GNM COURSE:

1. The course is recognized by Indian Nursing Council and Mizoram Nursing Council.
2. The duration of GNM course is 3 years.

SUBJECTS OFFERED:

1st YEAR

1. BIO SCIENCES

- a) Anatomy & Physiology
- b) Microbiology

2. BEHAVIORAL SCIENCES

- a) Psychology
- b) Sociology

3. NURSING FOUNDATIONS

- a) Fundamentals of Nursing
- b) First aid

4. COMMUNITY HEALTH NURSING

- a) Community Health Nursing 1
- b) Environmental Hygiene
- c) Health Education and Communication Skills
- d) Nutrition

5. ENGLISH

6. COMPUTER EDUCATION

2nd YEAR

1. Medical Surgical Nursing I
2. Medical Surgical Nursing II
3. Mental Health Nursing
4. Child Health Nursing

3rd YEAR

Part I

1. Midwifery & Gynecological Nursing
2. Community Health Nursing II

Part II

1. Nursing Education and Introduction to Research & Statistics.
2. Professional Trends & Adjustments, Nursing Administration & Ward Management

FACILITIES FOR STUDENTS:

1. **Hospital:** Well- equipped Multi-Specialty Hospital with basic modern equipment. List of parent and affiliated hospitals:

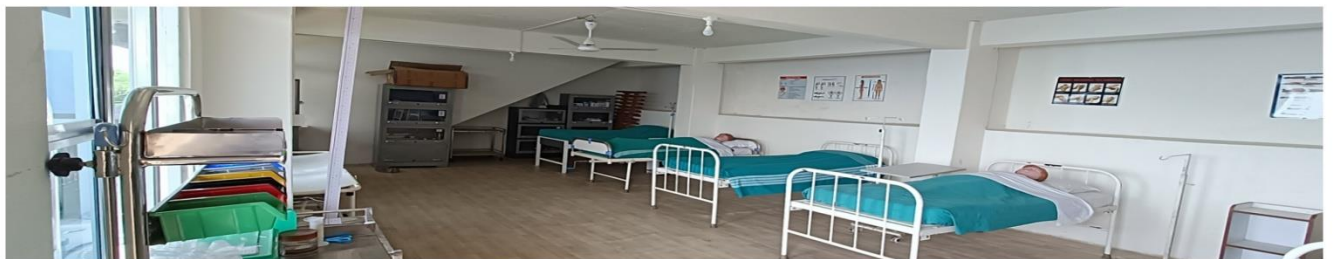
I. Parent Hospital:

- Aizawl Hospital and Research Centre, Khatla.

II. Affiliated Hospitals:

- Civil Hospital Aizawl, Dawrpui
- Kulikawn Hospital, Kulikawn.
- Mizoram State Cancer Institute, Zemabawk.
- State Referral Hospital, Falkawn.
- Aizawl Adventist Hospital, Seventh Day Tlang
- Greenwood Hospital, Bawngkawn.

2. **Educational facilities:** Well-equipped demonstration room, with full set of modern scientific apparatus.



3. **Library:**

Well-equipped library with latest nursing and medical books and relevant journals, magazines and newspapers.



LIBRARY

4. Medical checkup:

Students will be provided with free annual dental checkup. Free medical services will be provided if the student is sick and treated inside the hostel but all the medical bills should be paid by the student if hospitalized. Annual medical examination is conducted.

Hostel:

Well furnished hostel for the students at a convenient distance from the hospital. Full time wardens and housekeepers are available to look after the hostel.



HOSTEL ROOMS



6. Spiritual aspects:

Daily hostel devotions for all the students is mandatory from 6pm to 7pm. Apart from this, students are also expected to attend Local Church Worship Service under the guidance of the warden, yearly Evangelical Nurses Fellowship (ENF) camping conducted by State ENF Unit & Worship Service conducted by Synod Campus Ministry once a month.

7. Co-curricular Activities:

The students take active part in:

- a. Indoor & Outdoor Games
- b. Social & Cultural activities
- c. Student Nurses Association (SNA)
- d. Evangelical Nurses Fellowship (ENF)
- e. Red Ribbon Club
- f. Eco Club
- g. Advance Christmas
- h. Christmas Carol service
- i. Voluntary works. E.g. Blood Donation
- j. Annual picnic



SNA Elected OB 2023-2024 with adviser

ENF Elected
OB 2023-2024
with adviser





FRESHER'S DAY



INTERNATIONAL NURSES DAY



ENF DAY



VOLUNTARY BLOOD DONATION DAY



RED RIBBON CLUB
REELS MAKING COMPETITION 1st Prize



ECO CLUB



Blood Donation & Free Clinic



EDUCATIONAL VISITS



COMMUNITY HEALTH NURSING POSTING

8. Social Work:

The hostel warden organizes social work and every student is expected to involve in cleaning the hostel, office, classroom and surroundings.

9. Community Posting:

Community Health Posting Area:

Rural Field:

- Sialsuk PHC

Urban Field:

- Lawipu UPHC, Hlimen PHC
- Lawipu Sub-center
- Maubawk Sub-center
- Bungkawn Vengthar Sub-center
- Nursery Health Clinic.
- .

10. IDENTITY CARD:

The institution will issue identity card for each student during the training course and the students are expected to bring this card without fail to the school.

WITHDRAWAL AND DISMISSAL

If any student fails to complete his/her education voluntarily, he/she is required to pay the full course fees on the day he/she left the institution and all the original documents will be hand over only after the penalty is paid.

If any student after admission leaves the institution within ten (10) days from the day of admission, no fine will be imposed/incurred on him/her. But all the fees, etc. once paid is not refundable.

The Managing Board reserves all the rights to send home anyone whose conduct is not found satisfactory during the tenure of the academics.

OTHER IMPORTANT INFORMATION

Students are governed by the following code of conduct from the time they join the school till they finally leave at the end of the course. They should strictly adhere the code of conduct faithfully and if they fail or misbehave it shall be considered a major offence that can lead to suspension or expulsion from the school.

- a) Absence of hospital duty and irregular attendance, disobedience and disrespect of tutors, staffs and hospital authorities, acts of violence like striking etc. are strictly prohibited.
- b) Obnoxious habits like smoking, drinking alcohol, chewing betel nuts, eating gutkha products such as Shikhar, gambling, sneaking out from the school and hostel, keeping offending items like magazines, discs etc. are strictly prohibited.
- c) Students are strictly prohibited to keep private mobile phone. There is provision of Landline/ mobile phone in the hostel.
- d) Use or keeping of electronic gadgets like electric heater, immersion rod, tape-recorder, smart watch, novels, Walkman, i-pod, mobile phones, hair curler and straightener etc. are not allowed in the school and hostel campus.
- e) Cheating and practicing unfair means in class tests examinations, negligence shown in studies, home works, class tests, irresponsiveness in class etc. will be viewed seriously.
- f) No students are allowed to remain outside the hostel without taking permission from the Principal.
- g) Taking leave for the unavoidable circumstances like sickness, bereavement in the immediate family must be only with prior written permission to the Principal.
- h) Any kinds of ornaments, bangles, chains, earrings, over-use of cosmetics and coloring of hair, long painted nails, and tattoos with uniforms are strictly forbidden.
- i) Visiting the Hospital during off-duty is not allowed. When students wish to visit friends and relatives admitted, they should go during Hospital visiting hours only after obtaining permission from the Hostel Warden.

- j) Ragging of any kind is strictly prohibited in the School and Hostel premises. If students are found to be involved in any act of ragging, actions will be taken as per order of Honorable Supreme Court of India.

RAGGING IS STRICTLY PROHIBITED

As per the judgement of the Hon'ble Supreme Court of India dated 08.05.2009 in Civil Appeal No.887/2009, the UGC had notified "Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009".

Ragging as defined by Hon'ble Supreme Court of India in SLP 24295/2006 dated 16.5.2007 and Civil Appeal No.887 of 2009 dated 8.5.2009 as-

"Any disorderly conduct whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness any student, indulging in rowdy or undisciplined activities which causes or likely to cause annoyance, hardship or psychological harm or to raise fear of apprehension thereof, in a fresher or a junior student, or asking the students to do any act or perform something with such students will not do in the ordinary course and which has the effect of causing or generating a sense of embarrassment so as to adversely affect the physique or psyche of a fresher or a junior student."

Anti-ragging committee, anti-ragging squad and grievance re-dressal is formed.
Anti-ragging committee & awareness is held in the beginning of the session.

Designated authorities for anti-ragging are as follows:

- Principal - 8794424576
- Managing Director - 8257889490
- Hostel Warden - 8974305659

CONCLUSION:

The institution has laid its own set of rules and regulations which the students are required to abide by it. The faculty believes in the need of all round development of each student. To achieve this, the faculty helps the students in meeting their physical, mental and spiritual needs.



SNA ANNUAL MEET



BLESSINO NURSING SCHOOL STAFF

Psalms 23:1-6

The Lord is my Shepherd; I shall not be in want He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul.

He leads me in the path of righteousness for His name's sake, Even though I walk through the valley of the shadow of death,

I will fear no evil for you are with me, Your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies. You anoint my head with oil, my cup overflows,

Surely goodness and mercy will follow me all the days of my life, And I will dwell in the house of the Lord forever.